

# BASAVESHWARA MEDICAL COLLEGE & HOSPITAL, CHITRADURGA-577502

## TENTATIVE FOUNDATION COURSE TIME TABLE FOR MBBS PHASE I ACADEMIC YEAR 2021-22 BACTH

**WEEK 1-Feb 07<sup>th</sup> 2022- Feb 12<sup>th</sup>2022**

*Module: Orientation Module-30 hours + Field Visit to Community Health Centre-8hours+ Sports and Extracurricular activities-4 hours*

DAYS	9:00 – 10:00	10:00 – 11:00	11:00-12:00	12:00-13:00.	13:00 – 14:00	14:00-15:00	15:00-16:00	16:00-17:00	
MONDAY	FC 1.5, 1.1, 1.2, 1.3 – Welcome address by the Dean, followed by an open discussion about what it means to be a doctor		FC 1.5 – Welcome address by HODs of Anatomy, Physiology and Biochemistry followed by introduction to departments		L U N C H	FC 1.5 – Campus walk around – College Campus and Hostel visit		FC 1.5 – Familiarising with sports and games/recreational facilities	
TUESDAY	FC 1.4 – Rules and regulations of the institution - Discussion	FC 1.2 – Roles of an Indian Medical Graduate - Lecture	FC 1.3 – Moderated discussion on the expectations of the students from the Nation, society, institution, peers, colleagues and patients and vice versa – Summary by faculty			FC 1.5 – Campus walk around – Hospital Visit – OPD Block and Emergency		FC 6 - Sports	
WEDNESDAY	FC 1.7 - overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways	FC 1.1 – Panel Discussion on role of doctors in the society and their impact	FC 1.8 - Role of physician at various levels of Health care delivery – Discussion/lecture			FC 1.6 - Career pathways and opportunities for personal growth for an IMG	FC 1.9 – Lecture on Principles of Family Practice – Part 1- Generalist approach		FC 6 - Sports
THURSDAY	FC 1.10 – History of medicine	FC 1.1 – Address by an eminent medical person (Inspiring talk about medical profession) followed by Q&A	FC 1.10 – Alternate systems of medicine – Overview and comparison to evidence-based medicine			FC 1.5 – Campus walk around – Hospital Visit – Inpatient wards and blood bank		FC 6 - Sports	

  
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<b>FRIDAY</b>	FC 1.9 – Lecture on Principles of Family Practice – Part 2 – Compassionate care, continuity of relationship, reflective mindfulness and lifelong learning		FC 1.5 - Administrative structure, support systems and processes of the institution		FC 3.1 – National Health policies and Goals - Lecture		Fc 3.2, 3.3 – Discussion on - National health scenario, demographic, socio-cultural and epidemiological issues,	
<b>SATURDAY</b>	FC 3.4 - Basic principles of community health and its impact on health and disease	FC 3.4, 3.5, 3.6 – Field visit to community health centers (structure and functioning of the community health center, patient experiences through patient and family interactions)			FC 3.4 – Discussion on health care systems in India with reference to primary, secondary and tertiary level care		FC 1.1 – Inspiring talk by an eminent medical professional (Role doctors played during covid-19 pandemic, value of evidence-based medicine)	FC 6 - Sports

  
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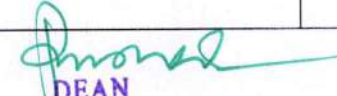


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## TENTATIVE FOUNDATION COURSE TIME TABLE FOR MBBS PHASE I ACADEMIC YEAR 2021-22 BACTH WEEK 2- Feb 28<sup>th</sup> 2022 - March 05<sup>th</sup> 2022

*Module: Skills Module-32hours+ Sports and Extracurricular activities-3 hours*

DAYS	9:00 – 10:00	10:00 – 11:00	11:00-12:00	12:00-13:00.	13:00 – 14:00	14:00-15:00	15:00-16:00	16:00-17:00	
MONDAY	FC 2.1 All -BLS – Recognition of critical illness and initial assessment	FC 2.1 - All – BLS – Stabilisation and safe transfer	FC 2.1 - Batch 1 – CPR – Scene safety FC 2.2 - Batch 2 – First aid – Hemorrhage Control FC 2.3 - Batch -3 – Biosafety and universal precautions	FC 2.1 - Batch 1 – CPR Demo, and technique FC 2.2 - Batch 2 – First Aid - Hemorrhage Control FC 2.3 - Batch – 3 – Biosafety and Universal Precautions	L U N C H	FC 2.1 - Batch 1 – CPR – Full 2 minutes each in rotation FC 2.4 - Batch – 2 - Handling and safe disposal of Biohazardous materials FC 2.5 - Batch - 3 – Proper hand washing technique – demo and perform			
TUESDAY	HOLIDAY								
WEDNESDAY	FC 2.2- Batch 1 – First Aid – Relieving Choking in Adult FC 2.6 - Batch 2- Response to needle stick injury FC 2.9 – Batch 3 – Documentation in patient care	FC 2.2 – Batch 1 – First Aid – Relieving choking in Children FC 2.6 - Batch 2- Response to needle stick injury FC 2.9 – Batch 3 – Documentation in patient care	FC 2.1 - Batch 2 – CPR – Scene safety FC 2.2 - Batch 3 – First aid – Hemorrhage Control FC 2.3 - Batch -1 – Biosafety and universal precautions	FC 2.1 - Batch 2 – CPR Demo, and technique FC 2.2 - Batch 3 – First Aid - Hemorrhage Control FC 2.3 - Batch – 1 – Biosafety and Universal Precautions		FC 2.1 - Batch 2 – CPR – Full 2 minutes each in rotation FC 2.4 - Batch – 3 - Handling and safe disposal of Biohazardous materials FC 2.5 - Batch - 1 – Proper hand washing technique – demo and perform	FC 6 - Sports		
THURSDAY	FC 2.2- Batch 2 – First Aid – Relieving Choking in Adult FC 2.6 - Batch 3- Response to needle stick injury FC 2.9 – Batch 1 – Documentation in patient care	FC 2.2 – Batch 2 – First Aid – Relieving choking in Children FC 2.6 - Batch 3- Response to needle stick injury FC 2.9 – Batch 1 – Documentation in patient care	FC 2.1 - Batch 3 – CPR – Scene safety FC 2.2 - Batch 1 – First aid – Hemorrhage Control FC 2.3 - Batch -2 – Biosafety and universal precautions	FC 2.1 - Batch 3 – CPR Demo, and technique FC 2.2 - Batch 2 – First Aid - Hemorrhage Control FC 2.3 - Batch – 3 – Biosafety and Universal Precautions	FC 2.1 - Batch 3 – CPR – Full 2 minutes each in rotation FC 2.4 - Batch – 1 - Handling and safe disposal of Biohazardous materials FC 2.5 - Batch - 2 – Proper hand washing technique – demo and perform	FC 6 - Sports			

  
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<b>FRIDAY</b>	<p>FC 2.2- Batch 3 – First Aid – Relieving Choking in Adult FC 2.6 - Batch 1 - Response to needle stick injury FC 2.9 – Batch 2 – Documentation in patient care</p>	<p>FC 2.2 – Batch 3 – First Aid – Relieving choking in Children FC 2.6 - Batch 1 - Response to needle stick injury FC 2.9 – Batch 2 – Documentation in patient care</p>	<p>FC 2.7 – All - Biomedical Waste segregation (BMW) Brief lecture for 20 minutes followed by segregation by students</p>		<p>FC 2.8 – Student opinion on need for vaccination for healthcare professionals.</p>	<p>FC 2.8 – Brief summary of vaccinations recommended for healthcare professionals - Lecture</p>	<p>FC 6 – Extracurricular activity – Singing competition</p>
<b>SATURDAY</b>	<p>FC 2.2 – Summary lecture on common first aid</p>	<p>FC 2.3 – Summary lecture on Biosafety and universal precautions</p>	<p>FC 2.7 – Summary lecture on Biomedical Waste management – National regulations</p>	<p>FC 2.1 – BLS - Student opinion/feedback and clarification of doubts</p>	<p>FC 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7 – Practice session</p>		

  
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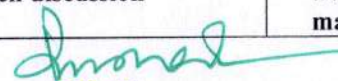


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## TENTATIVE FOUNDATION COURSE TIME TABLE FOR MBBS PHASE I ACADEMIC YEAR 2021-22 BACTH WEEK 3- April 4<sup>th</sup> 2022- April 09<sup>th</sup> 2022

*Module: Skills Module-03hours+Professional Development including ethics-36 hours+ Sports and Extracurricular activities-3 hours*

DAYS	9:00 – 10:00	10:00 – 11:00	11:00-12:00	12:00-13:00.	13:00 – 14:00	14:00-15:00	15:00-16:00	16:00-17:00
MONDAY	FC 4.1, 4.2 – Principles of ethics – Open forum discussion	FC 4.1, 4.2 – Principles of Ethics – Case based interactive lecture - Introduction	FC 4.1, 4.2 – Panel discussion / 1 on 1 discussion about principles of bioethics		L U N C H	FC 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7 – Practice session		
TUESDAY	FC 4.1, 4.2 – Principles of bioethics – Autonomy – Interactive lecture	FC 4.1, 4.2, 4.3 – Skit/role play Doctor not discussing treatment choices with patient and making decisions for the patient followed by debrief	FC 4.1, 4.2, 4.3, 4.4, 4.5, 4.6 – Group discussion about Autonomy			FC 4.5 – Role play – Dealing with disabled individuals	FC 4.5 – Debrief and group discussion on disability competencies	FC 6 - Sports
WEDNESDAY	FC 4.1, 4.2 – Principles of bioethics – Beneficence – Interactive lecture	FC 4.1, 4.2, 4.3 – Skit/role play Doctors actions not benefiting the patient /not curing the patient followed by debrief	FC 4.1, 4.2, 4.3, 4.4, 4.5, 4.6 – Group discussion on Beneficence			FC 4.2 – Video watching – On empathy, compassion, duty and altruism	FC 4.2 – Debrief and group discussion about video	FC 6 - Sports
THURSDAY	FC 4.1, 4.2 – Principles of bioethics – Nonmaleficence – Interactive lecture	FC 4.1, 4.2, 4.3 – Skit/role play Doctors actions result in harm to patient followed by debrief	FC 4.1, 4.2, 4.3, 4.4, 4.5, 4.6 – Group Discussion on Nonmaleficence			FC 4.1 4.2, 4.3 – Role play – Rude behaviour by doctor with patients, nursing staff and colleagues	FC 4.10 - Importance of interpersonal relationship while working in a health care team	FC 6 - Sports
FRIDAY	FC 4.1, 4.2 – Principles of bioethics – Justice – Interactive lecture	FC 4.1, 4.2, 4.3 – Skit/role play Doctor discriminating in approach to poor patient followed by debrief	FC 4.1, 4.2, 4.3, 4.4, 4.5, 4.6 – Group Discussion on Justice			FC. 4.1, 4.2, 4.3, 4.4 – Understanding the value of spirit of inquiry, scientific temper and rationality in application of ethical principles		FC 4.7 - methods of stress management and risk-taking behavior
SATURDAY	FC. 4.1, 4.2, 4.3, 4.4 – Professionalism – Interactive lecture	FC. 4.1, 4.2, 4.3, 4.4 – Interactive session/role play on unprofessional conduct	FC 4.12 – Group learning and group dynamics	FC. 4.1, 4.2, 4.3, 4.4 – Debrief – Discussion on consequences of professional misconduct		FC 4.8 – Role of Yoga and meditation in personal health – Pros and cons – Lecture followed by open discussion		FC 4.9 - significance and appropriate ways of Time management

  
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## TENTATIVE FOUNDATION COURSE TIME TABLE FOR MBBS PHASE I ACADEMIC YEAR 2021-22 BACTH

**WEEK 4- May 2<sup>nd</sup> 2022- May 07<sup>th</sup> 2022**

*Module: Professional Development including ethics-04 hours+ Enhancement of language/ computer skills-28Hours  
+Sports and Extracurricular activities-3 hours*

DAYS	9:00 – 10:00	10:00 – 11:00	11:00-12:00	12:00-13:00.	13:00 – 14:00	14:00-15:00	15:00-16:00	16:00-17:00	
MONDAY	FC 4.13 - learning pedagogy and its role in learning skills	FC 4.14, 4.15 – SDL and Collaborative learning	FC 4.11 – Role of Mentoring	FC 4.7 – Interaction with native people – understand the cultural differences	L U N C H	FC 5.1 – Effective communication. Barriers to effective communication – Interactive Lecture	FC 5.1 – Role play – Barriers in communication	FC 6 - Sports	
TUESDAY	Holiday								
WEDNESDAY	FC 5.1 – Effective communication – Breaking the barriers	FC 5.1 – Role Play – Breaking the barriers of communication	FC 5.2 – Use of Local language in patient interaction – Dos and Don'ts				FC 5.2 – Use of Local Language (Specific for out of state students) – Common words used for essentials of living	FC 5.2 – Use of Local Language – (Specific for out of state students) – Practice session	FC 6 - Sports
THURSDAY	FC 5.3 – How to use English for learning and communication	FC 5.3 – Use of English – Common mistakes and how to avoid them	FC 5.4 – Computer skills – Basics	FC 5.4 – Computer skills – Hardware and software requirements			FC 5.4 – Computer Skills – Microsoft Word - Basics	FC 5.4 – Computer Skills – Practice Session	FC 6 - Sports
FRIDAY	FC 5.4 – Computer Skills – Microsoft Powerpoint Basics	FC 5.4 – Computer Skills - Practice	FC 5.4 – Computer Skills - Microsoft Excel Basics	FC 5.4 – Computer Skills - Microsoft Excel practice			FC 5.2 – Use of Local Language (Specific for out of state students) – Words used to interact with patients	FC 5.2 – Use of Local Language – (Specific for out of state students) – Practice session	FC 5.2 – Use of Local Language – Clarification of doubts
SATURDAY	FC 5.4 – Computer Skills – Creating forms	FC 5.4 – Computer skills – Creating forms - practice	FC 5.4 – Computer skills – Inserting charts, graphs and tables in word	FC 5.4 – Computer skills – Inserting charts, graphs and tables in word			FC 5.2 – Use of Local Language (Specific for out of state students) – Words used to interact with patients	FC 5.2 – Use of Local Language – (Specific for out of state students) – Practice session	FC 5.2 – Use of Local Language – Clarification of doubts

  
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**TENTATIVE FOUNDATION COURSE TIME TABLE FOR MBBS PHASE I ACADEMIC YEAR 2021-22 BACTH  
WEEK 5- May 30<sup>th</sup> 2022- June 04<sup>th</sup> 2022**

*Module: Enhancement of language/ computer skills-12 hours+ Sports and Extracurricular activities-5 hours*

DAYS	9:00 – 10:00	10:00 – 11:00	11:00-12:00	12:00-13:00.	13:00 - 14:00	14:00-15:00	15:00-16:00	16:00-17:00
MONDAY	FC FC 5.4 – Computer skills – Learning formatting in Microsoft Word and Powerpoint	FC FC 5.4 – Computer skills – Formatting - Practice	FC 5.4 – Computer Skills – Data management in a spreadsheet	FC 5.4 – Computer Skills – Data management in a spreadsheet - Practice	L U N C H	FC 5.2 – Use of Local Language (Specific for out of state students) – Words used to interact with patients	FC 5.2 – Use of Local Language – (Specific for out of state students) – Practice session	FC 5.2 – Use of Local Language – Clarification of doubts
TUESDAY	FC FC 5.4 – Computer skills – Learning formatting in Microsoft Word and Powerpoint	FC FC 5.4 – Computer skills – Formatting - Practice	FC 5.5 – Accessing Online resources			FC 5.5 – Accessing Online resources – Practice and doubts	FC 6 – Drawing/painting competition	FC 6 – Drawing/painting competition
WEDNESDAY	01.06.2022-FC Completes & Regular Classes resume							FC 6 - Sports
THURSDAY								FC 6 - Sports
FRIDAY								FC 6 - Sports
SATURDAY								

  
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**TENTATIVE FOUNDATION COURSE TIME TABLE FOR MBBS PHASE I ACADEMIC YEAR 2021-22 BACTH  
WEEK 6- June 11<sup>th</sup> 2022**

*Module: Sports and Extracurricular activities-4 hours*

DAYS	9:00 – 10:00	10:00 – 11:00	11:00-12:00	12:00-13:00.	13:00-14:00	14:00-15:00	15:00-16:00	16:00-17:00
MONDAY					<b>L U N C H</b>			
TUESDAY								
WEDNESDAY								
THURSDAY								
FRIDAY								
SATURDAY				FC 6 – Sports – Cricket Match			FC 6 – Sports – Cricket Match	FC 6 – Sports – Cricket Match

  
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